

EAST HUNSBURY PRIMARY SCHOOL

Newsletter

24th January 2025

MESSAGE FROM THE HEADTEACHER

Dear Families

Another brilliant week has flown by filled with lots of exciting learning and opportunities. It is hard to believe we have completed 3 weeks of our Spring term already!

A few reminders

I thought that I would start this letter with three general reminders:

1. You are not allowed to park or drive in our school car park without a car park pass or disabled badge.
2. Children (including toddlers) are not allowed to ride scooters or bikes on the school playground.
3. Learning starts at 08:45am so your children must be in and ready to learn by this time!

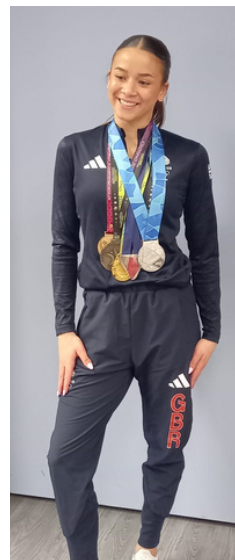
Thank you to the families who always follow our rules as it helps to keep our community safe and the world of school turning.

Inspirational Assembly

This week, we were really lucky to have inspirational speaker: [Georgia-Mae Fenton](#) lead our Monday assembly. Georgia-Mae has been part of the GB Team since the age of 11 and has competed in both the European and World Championships. Paris 2024 was her first Olympics, where she placed 4th in the women's 'all-around' team final. She trains at the same club as [Max Whitlock](#) (who has competed in 5 Olympic Events receiving Bronze, Silver and Gold medals throughout his career).

This was organised as part of our Careers and Aspirations Education Team which helps us uphold our school mission of children knowing their future choices and opportunities. Listening to Georgia, the children learnt all about her journey to the Olympics, and how she had to work hard to achieve her goals. Thank you, Miss Welch for organising and to FEHPs for funding this event.

[Click here to see Georgia in action.](#)



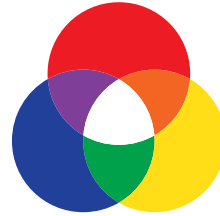
What have we been learning?

I thought that it would be nice to share some of the fantastic learning and opportunities that are going on in our school at the moment....

Reception are having a brilliant time learning about space this term. We have looked closely at the moon and the sun and talked about the different planets in our solar system, with the help from our solar system song. It has been wonderful to see the children taking on a role in their play as astronauts and using the space role play with enjoyment. Lots of children have also been busy in the studio making their own rockets using junk modelling.

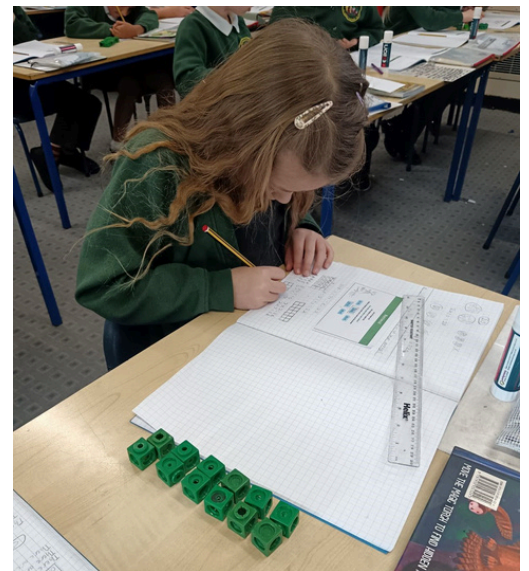


Year 1 have started learning all about about primary and secondary colours in art. The primary colours are red, blue and yellow. We mixed two primary colours to make a secondary colour.



Year 2 have been enjoying learning about food chains in Science.

In **Year 3**, we have been investigating arrays using equipment and pictorial representations to support our learning.



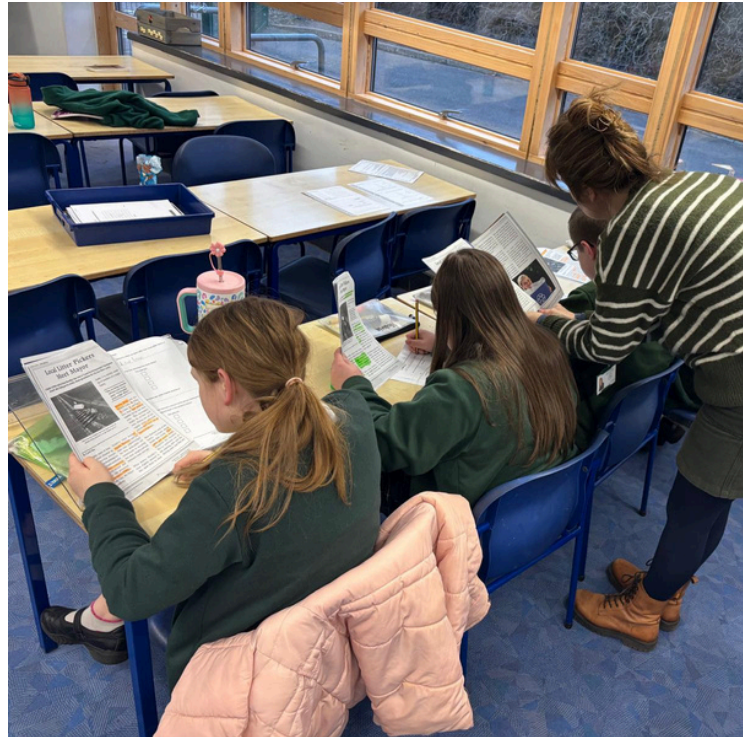
Year 4 have been learning to write portal stories! Inspired by Mr Guilder entering a portal, which he found in his cupboard last week, and he even brought back a Giraffe's feather!!



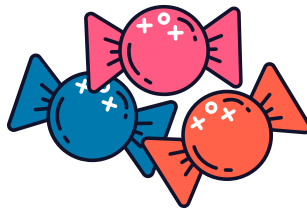
Year 5 have kicked off the term with a huge focus on Shakespeare as part of their work with the RSC with drama rehearsals and art workshops!



Year 6 have their heads down busily working hard for their SATs. Boosters have started and the children are taking their learning seriously. They are also enjoying their PE lessons where they are learning all about gymnastics and balances and their history is exploring the ancient city of Benin!



Finally, In **The Nest** we have been learning all about the word "more" we have been signing the word, saying the word, finding it on our communication boards and asking for more of our favourite things.



Forest school

We are so lucky to have our wonderful Forest School which is expertly managed by Mrs Normington and also taught by Miss Ferrier and Cat Day. We are pleased that every child in reception, Year 2, 4 and 6 get a block of forest school! Here are some pictures of what they have been up to recently – we are pleased to say weather never stops us 😊!



Don't forget that next week it is our termly Walk in Wednesday and we will be having a focus on reading! Have a lovely weekend.

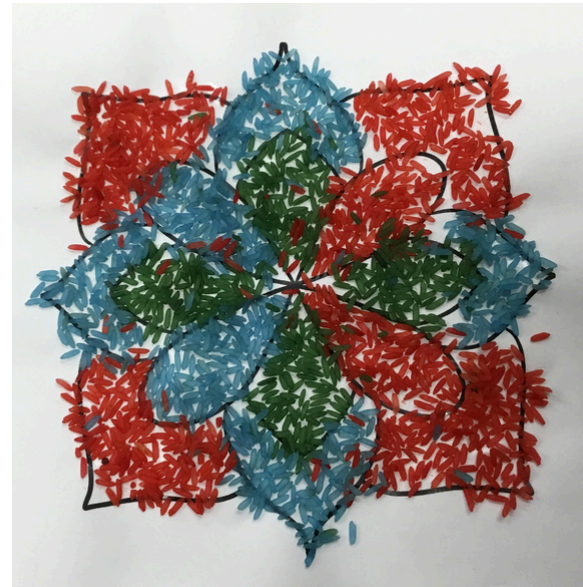
Ms Pennington

SU NEWS - ORANGE CLASS

This term, Orange Class have been learning about Hinduism. We created some beautiful Rangoli patterns, which are created during celebrations and festivals. We have compared this to Christianity and noticed that this way of celebrating is very different.



We have also been caring for some stick insects as part of our PSHE and 70 things. The children have one each that they have named and have been learning what they eat and how to look after them. We have loved checking in on them every day!



We also loved meeting the Team GB gymnast Georgia-Mae Fenton on Monday and were wowed by her amazing skills and dedication!

EHPS HOUSE POINTS TOTALISER

	Whittlewood	Harlestone	Everdon	Salcey
This week	191	184	214	180
Grand total	2657	2306	2609	2371

MINDFUL MEDIATION

Yawn and stretch for 10 seconds every hour. Fake yawn if you have to. As you stretch, notice any tight muscles.



Remember to nominate your child for a shout out if they have done something amazing - then we can put them into our newsletter.

NO IDLING CAR ENGINES IN THE CAR PARK PLEASE

Always switch your engines off when in a parked car. Leaving your engine running when your vehicle is stationary is called idling. This creates air pollution by increasing the levels of exhaust fumes and harmful gases in the air. No one, especially children, should have to breathe in these fumes.



POETRY



We were thrilled to have been given the opportunity to work together as a community and create some fabulous poetry. We had an amazing time working intergenerationally and lots of new friendships were made. Adults from Lesley Nuttall's Tap Dancers and East Hunsbury Seniors joined us for a two mornings of poetry.

Lesley Nuttall's Tap Dancers

We are a community of dancers from villages in Northampton. We are more than a dance group, we are friends, family and a community of dancers who love to give back to the people who support us.

We have been dancing in Hackleton Village Hall for 41 years. Many of us have performed in every show, village fete and festival. We do it for the love of dance, for fun and to raise money for charities close to our hearts.

Our dancers range from 30-82 years of age. Our over 70's were thrilled to join the children of EHPS in a poetry writing session.

We really enjoyed meeting the lovely children, getting to know them and writing poetry with them.

East Hunsbury Seniors

Our local parish council run the group – 300 plus oldies – all engaged in everything from dance, to astronomy, to book clubs, to history, strollers, strictly dancers – you name it...we do it! We are led by our project worker Liz who basically finds our talents and brings them back to life!

We also love our projects with our younger people in the community. Whether it is playing board games, planting flowers, writing poetry, singing together... It is something that we just love.

Our group pride themselves on our projects with local schools and youth groups. We work with our youngsters – and this project has been a delight!

East Hunsbury shows how you can break down those intergenerational barriers – because....there aren't really any barriers – we imagine them!

Friendship is at the core of our seniors group – finding connections, finding common interest, but also learning something new about people OF ALL AGES!

The poetry challenge was not a challenge to us – it summed up just who we are!

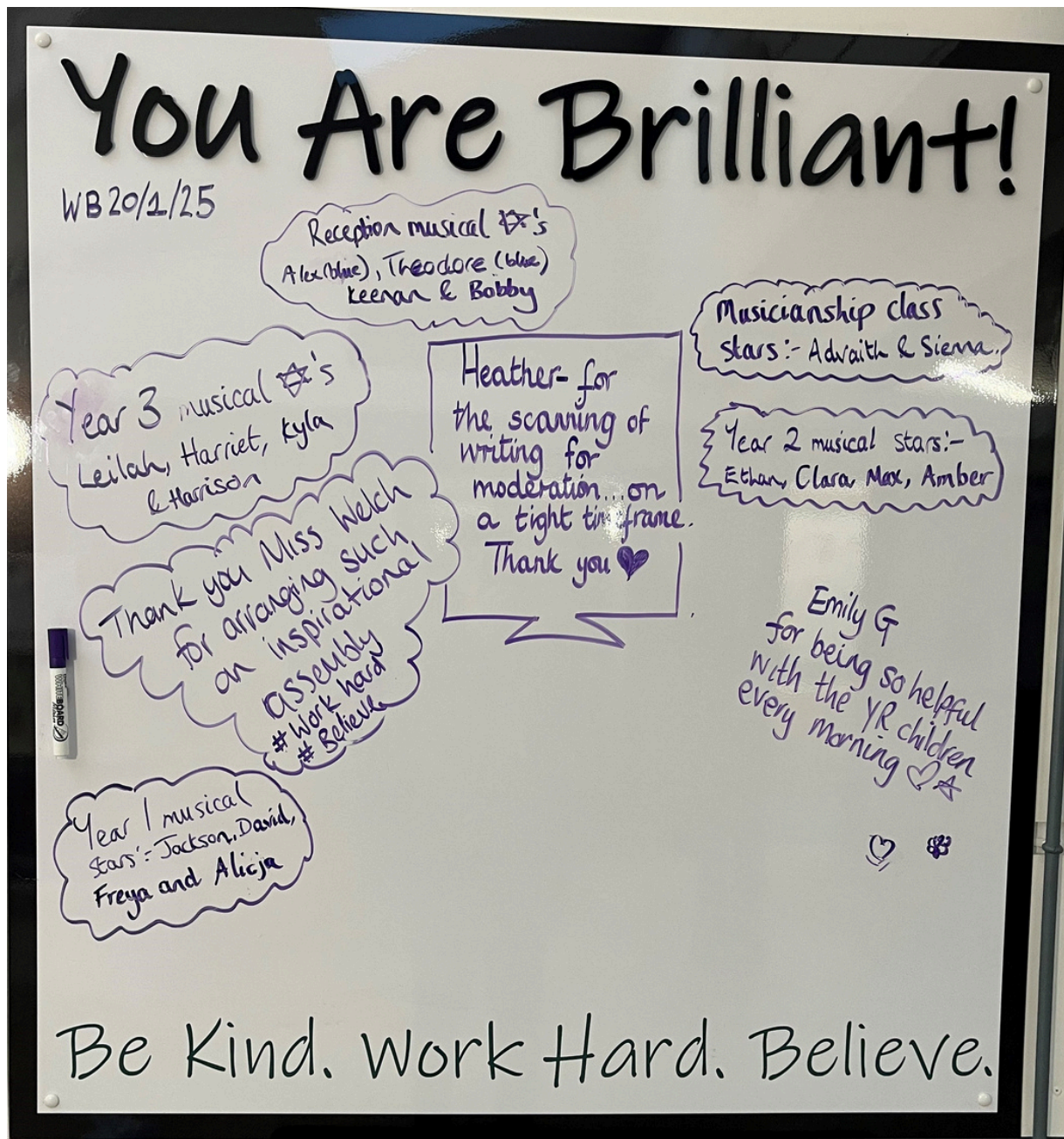
[Watch the video of us at local library creating poetry.](#)

[Watch the video of us at school creating poetry.](#)

[Watch the video of us performing our friendship poem we wrote together](#)

We hope that you enjoy our poetry as much as we enjoyed creating it.

Who's been brilliant this week



IMPORTANT

IMPORTANT

IMPORTANT



On **6th February**, there is some maintenance going on in our school kitchen so we will only be able to offer **COLD** options. **If you have already ordered a meal, please REBOOK a cold option as all previous orders have been cancelled.**

Warm Winter Coat



Is your child is in receipt of benefits-related Free School Meals? If so, you may be eligible for a £30 voucher from West Northants Council towards the purchase of a new coat. Applications will remain open until 28th February 2025 or until all available funding has been exhausted.

[Click here for more information and to apply](#)

LIMELIGHT THEATRE COMPANY

FEBRUARY HALF TERM WORKSHOPS

Our incredible half-term workshops are back and we are so excited to share them with you.

They will run from Monday 17th February to Friday 21st February.

Each day has a different theme and all activities on that day will be based around the theme.

Times are 8.30am - 4.30pm each day

Cost per day is £25 per child.

To book your child please send us a message on 07796672138 or limelighttheatre@aol.com
A £15 deposit per child per day is needed to secure their spot.

All workshops held at Limelight Theatre School NN5 7QA

Themes

Monday - Moana 1 & 2

Tuesday - Wicked

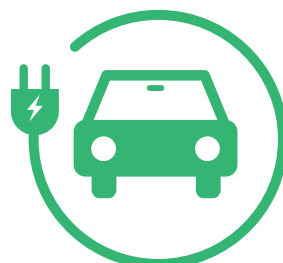
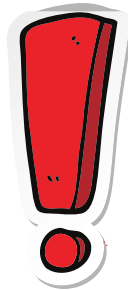
Wednesday - Pop star/Dance star

Thursday - Lion king/ Mufasa

Friday - Definitely Disney



BEWARE



Please ensure that you and your children always use the pedestrian walkways to access the school building. **Do not walk across the car park.** It might be quicker but it isn't safer.

Looking before your cross the road is becoming ever more important as more and more electric cars use our car park. **Their engines are almost silent and we are seeing more children walking out in front of them because they aren't looking first.**

Attendance News

Whole school average attendance this week was

95.54%

We are aiming to be at **96% +** every week.

	Weekly Attendance	Year Group	Weekly Attendance
Reception	94.03%	1	97.42%
2	95.28%	3	93.97%
4	94.79%	5	96.50%
6	96.93%		

Walk in Wednesday dates

29.01.25	Walk in Wednesday 3 - Reading	08:30-9:00	Classroom
12.03.25	Walk in Wednesday 4 - Easter Crafts	08:30-9:00	Classroom
07.05.25	Walk in Wednesday 5 - Reading	08:30-9:00	Classroom
18.06.25	Walk in Wednesday 6 - Science	08:30-9:00	Classroom

BE KIND

WORK HARD

BELIEVE

#weareEastHunsburyPrimarySchool #wearebrilliant



E-Safety & Wellbeing



What Parents & Educators Need to Know about HEALTH & FITNESS APPS

Physical wellbeing apps are useful tools for monitoring and improving our health. They allow us to balance nutrition, set goals, track our activities and sleep patterns, and motivate us to exercise. Nonetheless, there have been some reported drawbacks; this guide outlines some of these concerns and explains how to use fitness apps safely.

WHAT ARE THE RISKS?

- LACK OF PERSONALISATION**
Many apps take a one-size-fits-all approach, failing to account for the varying ages and abilities of children. In 10-year-olds, for example, will have different physical needs to 16-year-olds. This can create unrealistic expectations and set younger children off to a slower start.
- NOT DEVELOPED BY EXPERTS**
Some fitness and wellbeing apps are developed by amateurs in the field - but in training, many are not. As such, these programs may not be evidence-based. They may also promote safety concerns by giving incorrect advice regarding physical activities or weight.
- REDUCED INTERACTION WITH OTHERS**
Physical wellbeing apps can remove the social and interactive aspects of physical activity. Exercise can offer - for instance, meeting people of fitness classes, of the gym or during other group activities. Research has found that young people generally dislike this aspect of fitness apps, suggesting that they would rather exercise in the company of friends or other like-minded individuals.
- EXERCISE AND SOCIALISE**
Highlight the importance of children enjoying fitness activities with family and friends. Encourage them to exercise together. Encourage them to join a club or team to maintain their motivation and to enjoy the benefits of being so with company.
- PROMOTE POSITIVE BODY IMAGE**
While we want children to be active and healthy, we must also ensure they don't become fixated on how they look and begin to take things too far. During childhood and adolescence, the body is still growing and changing. It's vitally important for young people's wellbeing that we promote a positive body image and a healthy perspective on how we should look, empowering them to make informed decisions about their diet and lifestyle.
- DATA AND PRIVACY CONCERNS**
Fitness and wellbeing apps tend to collect a lot of personal information from their users, including name, location, date of birth, details of their physical health and more. It's worth keeping in mind that some of these apps may also have access to their phones. It's worth noting that young people themselves should have the correct legislation in place to protect their rights and privacy when using the service.
- ADDITIONAL COSTS**
While many fitness apps are free to download, the initial content is quite basic. Users will often receive more helpful content (such as meal plans, workout advice or a personalised plan) by signing up to a subscription or paying for extra features. This can sometimes lead to spend money on the service - a cost which can quickly mount up.
- DEPENDENCY ON THE APP**
While physical wellbeing apps can help motivate young users to change their fitness, there is a possibility that - without being used regularly - users may become dependent on the app. Users could start to lose their natural drive to be active. Young people may also become obsessed with tracking their exercise, health and eating habits. This can have negative effects on their mental and emotional wellbeing.
- REVIEW THE APP FIRST**
Before allowing someone under 18 to install a fitness and wellbeing app, check its age rating, read its reviews and scroll through its data policy to ensure it's suitable for younger users. You could also try it yourself, to see if it's appropriate for the child's particular needs and decide if you're comfortable with their using it. Ensure that any privacy-compromising features - such as location tracking - are disabled.
- USE PARENTAL CONTROLS**
As with all apps, it's important for parents to familiarise themselves with any controls on the app used to use these on a child's account. The specific settings vary between platforms but - most commonly - these will enable to screen-time limits, disabling or capping in-app purchases, and managing social aspects or features which aren't age appropriate. By utilising these controls, you can help to ensure a child is getting a safe experience.

Advice for Parents & Educators

What are the risks?

- 1 Not developed by experts
- 2 Reduced interaction with others
- 3 Additional costs
- 4 Lack of personalisation

[Click here for more information](#)

what could you do?

- 1 Send a nice message
- 2 Be Kind
- 3 Se supportive
- 4 Tell a trusted adult

[Click here for more information](#)

CHECK IN WITH YOUR FRIENDS

If one of your friends doesn't seem OK, checking in on them can make a huge difference. One in every five children struggles with their mental health, so let's make sure we support each other through any difficult times.

BE A GOOD LISTENER | **ASK HOW YOU CAN HELP** | **SHOW EMPATHY**

SEND A NICE MESSAGE | **BE KIND** | **BE SUPPORTIVE**

TELL A TRUSTED ADULT

NATIONAL ONLINE SAFETY
#WakeUpWednesday

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 05.02.2020

VISIT OUR WEBSITE FOR MORE ONLINE SAFETY INFORMATION

BE KIND

WORK HARD

BELIEVE

#weareEastHunsburyPrimarySchool #wearebrilliant

DATES FOR YOUR DIARY

Date	Activity	Time
JANUARY		
28.01.25	Yr 6 SATs Information meeting	4.30pm - 5.30pm
29.01.25	Walk In Wednesday Reading	8.30am - 9.00am
29.01.25	Yr 3 trip to Oxford Museum of Natural History	All day
FEBRUARY		
03.02 - 07.02.25	Childrens' Mental Health Week	
07.02.25	FEHPS Family Bingo Night	5.30pm - 7.30pm
11.02.25	Yr 6 to The Deco	All day
11 & 12.02.25	Year 6 Parents' Evening	3.50pm - 6.30pm
14.02.25	Year 3 & Purple Class Assembly	9.30 - 10.30am
MARCH		
5 & 6.03.25	Mainstream Parents' Evening (not Yr 6)	3.50pm - 6.30pm
05.03.25	SU Parents' Evening	3.50pm - 6.50pm
05.03 - 07.03.25	Bookfair	After school
12.03.25	Walk In Wednesday Easter Crafts	8.30am - 9.00am
17.03 - 21.03.25	Neurodiversity Week	
20.03.25	Yr 4 to Hazard Alley	All day
21.03.25	Chocolate Mufti	All day

21.03.25	Odd Socks Day for World Down Syndrome Day	
28.03.25	Year 1 Class Assembly	9.30am-10.30am
29.03.25	Easter Cafe	11.00am-1.00pm
APRIL		
02.04.25	Autism Awareness Day - Wear Blue (No Charge)	All Day
02.04.25	SU Show	10.00am-11.00am
03.04.25	iRock Concert	2.45 - 3.15pm
22.04 & 23.04.25	Earth Days	All Day
MAY		
07.05.25	Walk In Wednesday Reading	8.30am - 9.00am
12 - 15.05.25	Yr 6 SATS	Mornings
15.05.25	Endangered Species Census Day	
22.05.25	Year 4 Spring Assembly	9.15am - 10.00am
22.05.25	Reception Sports Day	10.15am - 11.45am
22.05.25	Year 6 Sports Day	1.30pm - 3.00pm
23.05.25	Year 5 and Yellow Class Assembly	9.30am - 10.30am
JUNE		
02.06 - 13.06.25	Yr 4 Multiplication Check	
w/c 09.06.25	Yr 1 Phonics Check	
11.06.25	SU Sports Morning	9.30 - 11.30am

11.06.25	Yr 6 Steam UoN	
16.06.25	Class photographs	All day
18.06.25	Walk In Wednesday Science	8.30am - 9.00am
25.06.25	Yr 4 to National Gallery	All day
26.06.25	Sports Day Year 1	9.30 - 11am
26.06.25	Sports Day Year 2	1.30 - 3pm
27.06.25	Sports Day Year 3	9.30 - 11.00am
27.06.25	Sports Day Year 4	1.30 - 3.00pm
28.06.25	Whole School Summer Fayre (Country dancing & Maypole by Years 2, 5, Purple & Yellow)	10.00 - 1.00pm
30.06 - 03.07.25	Yr 5 Bikeability	
30.06 - 04.07.25	Careers & Aspirations Week	
JULY		
04.07.25	Reception & Blue Class Assembly	9.30 - 10.30am
04.07.25	Brilliance Exhibition	TBC
08.07.25	Music Gala	5.30pm - 7.00pm
09 - 11.07.25	Yr 3 Residential Everdon	

10.07.25	Sports Day Year 5	9.30 - 11.00am
15.07.25	Yr 6 Leavers' Performance	6.00pm - 7.30pm
16.07.25	Yr 6 Leavers' Performance for toddlers to attend	5.00pm - 6.30pm
17.07.25	SU Yr 6 Leavers' Assembly	9.30am-10.30am
21.07.25	Year 6 Leavers' Party	7.00pm - 9.00pm
22.07.25	Mainstream Yr 6 Leavers' Assembly	10.00 - 11.00am



FEBRUARY HOLIDAY CAMPS 2025

@ CAROLINE CHISHOLM SCHOOL

CHILDREN FROM ALL SCHOOLS ARE WELCOME

CAMPS AVAILABLE:

FOOTBALL, GYMNASTICS & DANCE

BOOK NOW

BOOK NOW AT WWW.FREESTYLEGROUP.CO.UK

From £25 PER DAY

Registration: 8:45am-9:00am

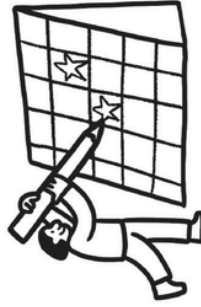
Dismissal: 4:00pm

Half days available via email

Happier January 2025



MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY SUNDAY



1 Find three things to look forward to this year

2 Make time today to do something kind for yourself

3 Do a kind act for someone else to help brighten their day

4 Write a list of things you feel grateful for and why

5 Look for the good in others and notice their strengths

6 Take five minutes to sit still and just breathe

7 Learn something new and share it with others

8 Say positive things to the people you meet today

9 Get moving. Do something active (ideally outdoors)

10 Thank someone you're grateful to and tell them why

11 Switch off all your tech at least an hour before bedtime

12 Connect with someone near you - share a smile or chat

13 Take a different route today and see what you notice

14 Eat healthy food which really nourishes you today

15 Get outside and notice five things that are beautiful

16 Contribute positively to your local community

17 Be gentle with yourself when you make mistakes

18 Get back in contact with an old friend

19 Focus on what's good, even if today feels tough

20 Go to bed in good time and allow yourself to recharge

21 Try out something new to get out of your comfort zone

22 Plan something fun and invite others to join you

23 Put away digital devices and focus on being in the moment

24 Take a small step towards an important goal

25 Decide to lift people up rather than put them down

26 Choose one of your strengths and find a way to use it today

27 Challenge your negative thoughts and look for the upside

28 Ask other people about things they've enjoyed recently

29 Say hello to a neighbour and get to know them better

30 See how many people you can smile at today

31 Write down your hopes or plans for the future



ACTION FOR HAPPINESS

Happier · Kinder · Together