

EAST HUNSBURY PRIMARY SCHOOL

#WeareEastHunsburyPrimary

Newsletter

19th July 2024

MESSAGE FROM THE HEADTEACHER

Dear Families

That's a wrap... well nearly!

This is the last newsletter of the academic year and, can you believe it, but it's been approximately 319 days since I wrote the first one? Since then, the children are most definitely a little taller, wiser and certainly more brilliant!

What a year we have had! Trips, learning, laughter and love have filled the corridors and our hearts - I could not be prouder of the children and what they have all achieved but also of my amazing teaching, support and office team! They really are exceptional in what they do - I am one lucky headteacher and have a lot to thank them for.

I also want to mention the Friends of East Hunsbury Primary School (FEHPS), expertly led by Indy Jutla, who tirelessly run events and raise much needed funds for our school which directly benefit your children. Thank you FEHPS!

Year 6

I have to start this newsletter talking about our truly BRILLIANT Year sixes who leave us next week to start their new adventure at Secondary School. It is such a privilege to be a small part of their lives and to see them grow from learning to read and write in reception to young adults in Year 6!

Their talents are endless and this week we have seen them perform the musical Annie - there wasn't a dry eye in the house and, once again, it is moments like these that show just how amazing our children are and that we should

never underestimate them.

So, to the sports stars, artists, singers, dancers, musicians, readers, writers, creators, gamers, scientists and all-round wonderful humans that make up our Year 6 year-group - I wish you the very best for your futures, we are all incredibly proud of you and believe in your endless talents! Be you and always be proud to be you!

I must also say a huge thank you to the Year 6 teaching team, superbly led by Sarah Heavens, who have gone above and beyond this year to be there for our young people from residential to preparing them for their assessments- thank you!

Next week, will be the Leavers' Assembly and their party - no doubt more tears will be shed as we say our final goodbyes.

Assembly

On Tuesday KS2 had an amazing assembly led by our Drama club who performed the play of: The Boy The Mole The Fox and the Horse (the book is a firm favourite of mine!) and then we celebrated children's achievements in TT Rockstars and other successes. Well done everyone!

Reports

Today, your child will have brought home their end of year report. I hope that you find it useful and if you have any questions, please do not hesitate to pop and see your child's class teacher. It was a pleasure to read and write on all 441 of them!

Farewells and welcomes

As you are aware, it is that time of year where we will be saying a very fond farewell to some special members of our staff.

- Mrs Karakiraz, who is leaving us to spend more time with her new husband;
- Mrs Starnha Francis, who is hanging up her site supervisor keys after over 30 year's service and
- Miss Mann, who is starting a new job with West Northants Council.

Thank you to you all once again for everything you have given to East Hunsbury Primary School.

We are really excited to welcome many new members of staff who you will get to know well over the next academic year.

Welcome John Kelly

As I wrote about in our bumper newsletter, Mr John Kelly has started with us as our new Site Supervisor and part of his role will be to man the car park in the morning and at the end of the school day. Please be patient with him as he learns who is allowed into the car park and who isn't. This is another step that we are taking as a school to keep our car park safe.

Remember.....

- School re-opens on Wednesday 4th September.
- Please refer to our uniform guidance which can be found [here](#).

Finally...

As there won't be a newsletter next week, all that is left for me to say is an enormous: 'Thank you,' to you for your endless support this year and I wish you all a wonderful, restful summer break (let's hope we get some sunshine).

Thank you everyone! Summer holidays... here we come in two more school days..!

Ms Pennington



SU NEWS - RED CLASS



This term has been a busy and emotional one for Red Class, who are all Year 6! Over the term we have worked hard on our transition project "A Superhero's Journey", learning more about our individual skills and how these can help us as we move to our Secondary Schools. We have learned all about recounts and creating descriptions and put this to work after our Transition Days by creating our Recount of our days out. They were fabulous and the children worked so hard!

We have also been preparing for our Leaver's Assembly, which we had on Thursday. We learned a dance to 'Don't Stop Me Now' by Queen, and the classic 'You've got a Friend in Me'. Thank You to Ella, our super talented music teacher who choreographed us! We also performed the song 'Shine' by Take That, using Makaton Signs.

An extra special shout out to Leon who wrote his own music and song with Emily, our Music Teacher. He worked so hard, and it was a wonderful performance. The children wrote memories of school and received memories from their friends in the SU, and a Certificate from Mrs Pennington.



We then had a fabulous Tea Party with our families and teachers to celebrate, including goodies baked by the children.



And we had our Annual Year 6 visit to sywell Country Park and East Lodge Farm! We had a great time, feeding the animals and playing together. Such an adventure!



We are all so proud to be a part of the East Hunsbury family, and as Mrs Pennington would say, WE ARE BRILLIANT.

Attendance News

Whole school average attendance this week was

95.31%

We are aiming to be at **96% + every week.**

	Weekly Attendance	Year Group	Weekly Attendance
Reception	94.75%	1	94.11%
2	94.75%	3	95.17%
4	94.90%	5	95.51%
6	97.83%		

REMEMBER, lateness affects attendance and learning

EHPS HOUSE POINTS TOTALISER



Parents of members of Whittlewood House have received an email about children wearing MUFTI on Monday as their reward

BE KIND

WORK HARD

BELIEVE

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**Job Vacancy; Bank Staff
Play Worker**

East Hunsbury Primary School Kids Club, Ofsted High graded 2023

We have a vacancy for a Bank Staff Play Worker to join our team. The Play Worker will assist in providing a stimulating, caring and fun environment that meets the needs of children between the ages of 4 – 11 years old.

Perhaps you have a few hours spare each week and would like to get paid for doing something that is both enjoyable and rewarding?

The successful candidate will be;

- Honest, reliable and hardworking
- Willing to have fun and enjoy working with children
- Have previous experience in a play setting (desirable but not essential)
- Hold Level 2 Childcare or Play Work Qualification (desirable but not essential)
- Be available to attend regular training sessions and team meetings

Core Hours:

A minimum of 1 hour and up to 4.5 hours per day

Morning Club 7.30am – 9am After School Club 3pm – 6pm

Monday to Friday Term Time Only

Bank Staff Contract

For an application pack and further information please contact:

Vanessa Chesney 07922 217002 ehpskidsclub@yahoo.co.uk

Closing Date 19th July 2024

July Issue



This newsletter focuses on all the amazing events, clubs and groups that families, children and young people can access across the county that are free or affordable to attend.

[CLICK HERE FOR WEST NORTHAMPTONSHIRE'S NEWSLETTER](#)

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We are a TfW Showcase School



Northamptonshire Education Awards

ENTRIES CLOSE FRIDAY 23RD AUGUST 2024

These awards recognise the achievements of the schools (from headteachers, teachers, school business managers to subject-specialist individuals and teams, and those working with children with individual needs) who provide children across Northamptonshire with the learning experiences they need.

Do you feel EHPS has an **Unsung Hero**? The nominee could be a teacher, teaching assistant, caretaker or administrator – anyone who regularly goes above and beyond what is expected of them for the good of the organisation as a whole. The winner will be someone whose dedication and commitment have made a real difference to the day-to-day lives of everyone around them

Headteachers award

For this award we are looking for a successful and truly inspirational headteacher. In your submission please detail all the elements that make them a fantastic leader, including staff development and wellbeing, academic and other achievements, and community engagement.

Primary School of the Year

This award will go to a primary school that has had an exceptional performance in the previous 12 months, or one that has experienced rapid improvement or maintained continued excellence over a longer period. The judges want to see more than academic achievement and are looking for entries that demonstrate innovation, imagination and efforts to develop children in ways that go beyond the league tables. Please provide evidence to support the entry, this can be inspection reports, parent testimonials, data analysis or anything else you feel would be relevant.

[Click here to see the award categories](#)

Nominate your school to win £1,000 and #rebuildthelibrary

This summer, our big schools prize has returned, offering five schools the chance to **win £1,000 in National Book Tokens** and a year's free membership to the **School Library Association**; PLUS one overall winner will also receive **£500** to help them create a fun and welcoming library space for all.

Nominate a school and if yours is one of the five winning entries, you'll also receive a **£100 National Book Tokens gift card** to spend in your favourite bookshop.



[Click here to nominate our school](#)



OAK Holiday Clubs Summer 2024 Schedule

OUTSTANDING
ACTIVITIES FOR
KIDS

[Click here to
book a place](#)

Cedar Road Primary School (access on Broadway East)				
Mon 22nd Jul	Tue 23rd Jul	Wed 24th Jul	Thu 25th Jul	Fri 26th Jul
No activities of this location today	No activities of this location today	<ul style="list-style-type: none"> Science Atomic Science Yoga Karma Kids Yoga 	<ul style="list-style-type: none"> Music Old Music Academy Sports Sports 	<ul style="list-style-type: none"> Circus Skills Circus Skills Arts and Crafts Arts and Crafts
Cedar Road Primary School (access on Broadway East)				
Mon 29th Jul	Tue 30th Jul	Wed 31st Jul	Thu 1st Aug	Fri 2nd Aug
<ul style="list-style-type: none"> Sports Sports Science Atomic Science 	<ul style="list-style-type: none"> Sports Sports Performing Arts Big Bubble Performing Arts 	<ul style="list-style-type: none"> Arts and Crafts Arts and Crafts Circus Skills Circus Skills 	<ul style="list-style-type: none"> Science Atomic Science Performing Arts Big Bubble Performing Arts 	<ul style="list-style-type: none"> Arts and Crafts Arts and Crafts Science Atomic Science
East Hunsbury Primary School, NN4 0QW				
Mon 29th Jul	Tue 30th Jul	Wed 31st Jul	Thu 1st Aug	Fri 2nd Aug
<ul style="list-style-type: none"> Science Atomic Science Arts and Crafts Arts and Crafts 	<ul style="list-style-type: none"> Science Atomic Science Arts and Crafts Arts and Crafts 	<ul style="list-style-type: none"> Performing Arts Big Bubble Performing Arts Yoga Karma Kids Yoga 	<ul style="list-style-type: none"> Sports Sports Science Atomic Science 	<ul style="list-style-type: none"> Arts and Crafts Arts and Crafts Circus Skills Circus Skills
East Hunsbury Primary School, NN4 0QW				
Mon 5th Aug	Tue 6th Aug	Wed 7th Aug	Thu 8th Aug	Fri 9th Aug
<ul style="list-style-type: none"> Arts and Crafts Arts and Crafts Science Atomic Science 	<ul style="list-style-type: none"> Sports Sports Circus Skills Circus Skills 	<ul style="list-style-type: none"> Science Atomic Science Yoga Karma Kids Yoga 	<ul style="list-style-type: none"> Sports Sports 	<ul style="list-style-type: none"> Arts and Crafts Arts and Crafts Circus Skills Circus Skills

Still only £18 per child per day, HAF Funding also available

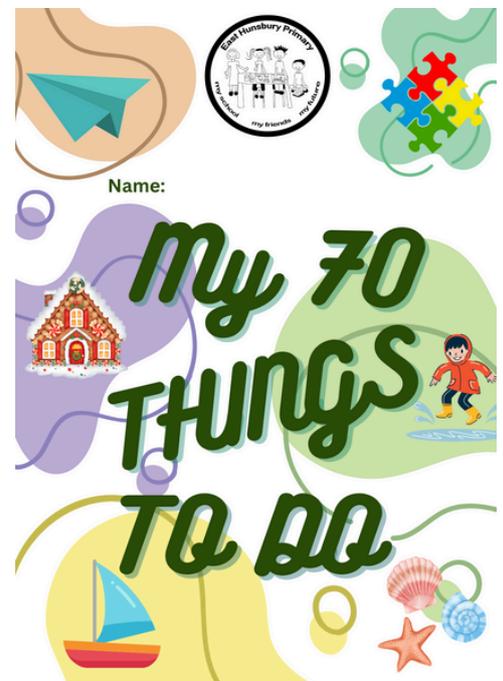


In sunny weather please ensure your child has a NAMED sunhat and you have applied long lasting suncream in the morning.



How many can you complete during the Summer holiday?

Have you started a scrapbook to document your activities?





Summer 2024

Recommended Reads!



Summer 2024

Recommended Reads!



For more booklists themed by age group or topic, visit booksfortopics.com



For more booklists themed by age group or topic, visit booksfortopics.com



LIBRARY TIME



If you're stuck for something to do in the Summer holiday, why not pop along to your local library and sign up for the Summer Reading Challenge.

Read 6 books over 6 weeks, receive a medal and certificate, bring them in to school in September to receive 6 house points!

What could be easier??!!

You can also sign up [online](#).

BE KIND

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BELIEVE

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Healthy mind, healthy body challenge

We are very excited about our PE and PSHE Healthy Mind, Healthy Body challenge. Each week, there will be a PE or PSHE task based on a specific skill for that subject that you can complete at home, either by yourself, with your siblings, or with the whole family!

These activities are not compulsory but are a great way of learning or practicing news skills. You can always show your teacher that you've completed these via the class dojo. Make sure to look for these jobs in the newsletter each week.

Mrs Roberts, Mr Black and Mr Clarke

TAKE GIANT STRIDES



To play this game you will need:

- At least one ball. Depending on how many people are playing.

How to play

Individual – Starting in a lunge position, pass a ball around your front leg and then take a giant stride forward. Repeat this pattern over a set distance.

Pair – Face each other in a lunge position with opposite feet adjacent. The player facing forwards must pass a ball around both legs, then travel by taking a giant stride (1 forward, 1 back). Repeat the pattern over a set distance, swapping the ball after each stride.



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E-Safety & Wellbeing



What Parents & Educators Need to Know about SHARING INTIMATE IMAGES

An intimate image depicts sensitive – often sexual – content, and sharing these photos or videos is commonly known as ‘sexting’. As of January 2024, it is a criminal offence to distribute any intimate images shared by a third party without consent, with offenders facing prison time. Naturally, misuse of intimate images can lead to emotional distress and reputational damage.

WHAT ARE THE RISKS?

- EMOTIONAL DISTRESS**
Victims of the misuse of intimate images and so-called ‘revenge’ (distorted, involving sexual material) often experience significant emotional distress. The threat of having these photos or videos shared publicly can lead to anxiety, depression and a sense of helplessness. This emotional burden can affect daily life, academic performance and personal relationships.
- DAMAGE TO REPUTATION**
Intimate images being made public can severely damage a person's reputation. This can lead to bullying, social exclusion and long-term impacts on personal and professional relationships. If a blackmailer gets their hands on any intimate images, the fear of reputational damage can also make a victim far more vulnerable to ongoing extortion.
- PRIVACY VIOLATIONS**
Once intimate images are shared online, it can be difficult to quickly control where they end up and who else sees them. This loss of privacy can have lasting repercussions, including identity theft and persistent online harassment.
- FINANCIAL EXPLOITATION**
Perpetrators of sextortion may demand money from victims under the threat of releasing their intimate images publicly. This can lead to severe financial problems for victims and their families, compounding their emotional and psychological distress.
- LEGAL CONSEQUENCES**
If a child or young person creates email or sends intimate images to others – especially adults – this is considered a form of child abuse under UK law. Having to disclose this type of abuse, although necessary, can be harrowing, leading to further trauma. It's crucial for parents, carers and educators to understand the legal processes and be able to provide proper guidance and support.
- TRUST ISSUES**
Sharing of intimate images without consent can lead to long-term trust issues. Victims may find it difficult to trust others, impacting future relationships and their ability to form healthy, supportive connections. This erosion of trust can have profound effects on mental health and social wellbeing.

Advice for Parents & Educators

- FOSTER A CULTURE OF OPEN COMMUNICATION**
It's vital to encourage open communication with children and young people about the dangers of sharing intimate images. Create a safe space where they can comfortably discuss their online activities and any concerns they may have without fear of judgement. Be sure to respond to any worrying information with an attitude of support and learning.
- PROMOTE DIGITAL LITERACY**
Digital literacy is incredibly important for children and young people to understand how to protect their privacy online. Teach them about secure online practices, such as using strong passwords, enabling privacy settings and recognising suspicious behaviour. This empowers them to be proactive in terms of their own safety.
- EDUCATE CHILDREN ON THE RISKS**
Children and young people often want to understand why certain rules are in place. Educate them about the risks of sharing intimate images online, explaining the reasons for monitoring and other security measures. Highlight the potential for misuse, including extortion, and the long-term consequences that can arise from these actions.
- PROVIDE SUPPORT RESOURCES**
Ensure that children and young people know where to seek help if they become victims of sextortion or any other online abuse. Help them identify in advance which adults they can turn to and provide them with information about trusted resources like helplines (e.g. Childline) that they can access if they need help.

Advice for parents

- 1** Foster a culture of open communication
- 2** Promote digital literacy
- 3** Educate children about the risks
- 4** Ensure children know how to access support

[Click here for more information](#)

What are the risks?

- 1** Long term consequences
- 2** Emotional toll
- 3** Academic & social impacts
- 4** Chronic impact

[Click here for more information](#)

What Parents & Educators Need to Know about WORRY AND ANXIETY

Worry and anxiety are common emotions experienced by children, often triggered by uncertainty or fear. While worry involves concern about future events, anxiety is a persistent feeling of dread or apprehension. Current statistics indicate a rising prevalence of anxiety disorders among children, and this guide has some expert advice on understanding and addressing these concerns.

UNDERSTANDING WORRY AND ANXIETY
Worry and anxiety are emotional responses to stress or uncertainty. Worry is typically associated with potential relationships and situations, while anxiety is characterized by feelings of fear, apprehension or unease. Both can manifest physically through symptoms such as restlessness, fatigue or muscle tension. Understanding the distinction between worry and anxiety is crucial for effectively addressing these concerns in children.

DIFFERENTIATING WORRY FROM ANXIETY
While worry and anxiety share similarities – in that they both involve concerns about possible trouble – anxiety tends to be more pervasive and overwhelming. Worry may come and go depending on circumstances, whereas anxiety can linger regardless of the situation. It's essential to recognize when the former crosses the latter, as anxiety can significantly impact a child's daily functioning and wellbeing.

WHAT ARE THE RISKS?

- LONG-TERM CONSEQUENCES**
Unresolved worry and anxiety in childhood can have potentially lifelong impacts on mental health and wellbeing. Chronic anxiety may increase the risk of developing anxiety disorders, depression or other mental health conditions later in life. Additionally, unresolved worry and anxiety can negatively impact self-esteem, confidence and overall resilience. It's essential to address these concerns proactively and provide appropriate support and interventions.
- THE EMOTIONAL TOLL**
The emotional toll of worry and anxiety on children can be significant, impacting their overall quality of life and wellbeing. Children experiencing chronic worry or anxiety may lose interest in school, struggle with concentration and find it difficult to engage in social activities or build relationships that trigger their anxiety, leading to feelings of isolation or loneliness. Addressing these concerns early can help prevent long-term emotional distress and promote healthy coping strategies.
- THE IMPACT ON CHILDREN**
Excessive worry and anxiety can have profound effects on children's mental and physical health. If they struggle with their ability to focus and concentrate, they may experience difficulties in school, affecting their academic performance and social interactions. Chronic worry and anxiety can also lead to physical symptoms such as headaches, stomach pain or difficulty breathing. Left unchecked, these concerns can escalate and potentially contribute to the development of anxiety disorders later in life.
- ACADEMIC & SOCIAL IMPACTS**
Impacts on the academic performance and social interactions of children and young people are very profound. Frequent worry or anxiety may cause concentration, memory and problem-solving skills, making it difficult for children to succeed in education. Anxiety may also hinder social development by causing children and young people to avoid social situations or to struggle with establishing and maintaining positive relationships, potentially leading to feelings of isolation or exclusion.

Advice for Parents & Educators

- ENCOURAGE OPEN COMMUNICATION**
Parents and educators can foster a supportive environment by encouraging children to express their worries and anxieties openly. Actively listening and acknowledging young people's emotions can help them feel understood and supported, reducing the isolation that often accompanies anxiety. Creating opportunities for regular check-ins and discussions about their feelings can promote healthy coping strategies and strengthen their emotional resilience.
- CREATE A SUPPORTIVE ENVIRONMENT**
Parents and educators play a crucial role in creating a supportive environment that prioritizes emotional wellbeing. Establishing routines, providing reassurance and creating a sense of security for children can help reduce uncertainty and anxiety. Encouraging children to express their emotions and seek support when needed is also essential.
- TEACH COPING STRATEGIES**
Empowering children with effective coping strategies is essential for managing worry and anxiety. Encouraging the use of relaxation techniques such as deep breathing, mindfulness or progressive muscle relaxation can calm anxious thoughts and promote a sense of control. Additionally, teaching positive self-talk and problem-solving skills can help children develop resilience and confidence in managing challenging situations.
- SEEK PROFESSIONAL HELP**
Recognizing when to seek professional help is vital for addressing significant or persistent worry and anxiety in children. If worry or anxiety significantly impacts a child's daily functioning, interferes with their relationships or academic performance, or causes significant distress, it may be necessary to consult with a mental health professional. Early intervention can prevent long-term consequences and promote effective support for children's psychological wellbeing.

**NEED HELP SETTING UP PARENTAL CONTROLS & PRIVACY SETTINGS?
CLICK HERE TO WATCH A VIDEO**

Jump Back Up July 2024



MONDAY

1 Take a small step to help overcome a problem or worry

TUESDAY

2 Adopt a growth mindset. Change "I can't" into "I can't...yet"

WEDNESDAY

3 Be willing to ask for help when you need it

THURSDAY

4 Find something to look forward to today

FRIDAY

5 Get the basics right: eat well, exercise and go to bed on time

SATURDAY

6 Pause, breathe and feel your feet firmly on the ground

SUNDAY

7 Shift your mood by doing something you really enjoy

8 Avoid saying "must" or "should" to yourself today

9 Put a problem in perspective by seeing the bigger picture

10 Reach out to someone you trust and share your feelings with them

11 Look for something positive in a difficult situation

12 Write your worries down and save them for a specific 'worry time'

13 Challenge negative thoughts. Find an alternative interpretation

14 Get outside and move to help clear your head

15 Set yourself an achievable goal and take the first step

16 Find fun ways to distract yourself from unhelpful thoughts

17 Use one of your strengths to overcome a challenge today

18 Let go of the small stuff and focus on the things that matter

19 If you can't change it, change the way you think about it

20 When things go wrong, pause and be kind to yourself

21 Identify what helped you get through a tough time in your life

22 Find 3 things you feel hopeful about and write them down

23 Remember that all feelings and situations pass in time

24 Choose to see something good about what has gone wrong

25 Notice when you are feeling judgmental and be kind instead

26 Catch yourself over-reacting and take a deep breath

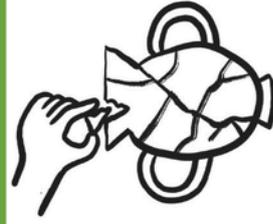
27 Write down 3 things you're grateful for (even if today was hard)

28 Think about what you can learn from a recent problem

29 Be a realistic optimist. Focus on what could go right

30 Reach out to a friend, family member or colleague for support

31 Remember we all struggle at times - it's part of being human



ACTION FOR HAPPINESS

Happier · Kinder · Together

Dates for your diary

Date	Activity	Time
JULY		
22.07.24	Year 6 Leavers' Party	7.00pm - 9.00pm
23.07.24	Mainstream Yr 6 Leavers' Assembly	10.00am - 11.30am

EAST HUNSBURY SUMMER PLAY EVENTS
All Events Are Free

Grangewood Park
East Hunsbury NN4 0JF

Wednesday 31st July
1.30pm - 3.30pm
Messy & Imaginative Van

Wednesday 14th August
1.30pm - 3.30pm
Risky Play Van

Climbing Wall
Climb The Van
Arts & Crafts
Ninja Line

Walk in Spaces Available
All ages welcome!

Session run by MKPA and sponsored by East Hunsbury Parish Council
All children must be accompanied by an adult throughout the session

VISIT MKPA.CO.UK/EVENTS/CATEGORY/PLAY/ TO BOOK YOUR PLACE

MKPA
East Hunsbury Parish Council

WHO SAID THAT SUMMER HOLIDAYS ARE BORING?

Danes Camp Leisure Centre

FREE YOUTH CLUB*

Every Tuesday
5-8 years 4.45pm-5.45pm
9-13 years 6pm-7pm

Book 8 days in advance

TRIOLOGY ACTIVE
Funded by:
East Hunsbury Parish Council

Danes Camp Leisure Centre, Clannell Road, NN4 0RX
WWW.TRIOLOGYACTIVE.CO.UK
OR CALL US ON: 03330 439 900

*Please note these sessions are only available for children and young people residing within the East Hunsbury Parish. You will be asked to supply an eligible postcode to attend.

HOLIDAY ACTIVITY FUND SUMMER PROGRAMME

The Holiday activity fund (HAF) is a funded opportunity for children to access fun, creative & active holiday camps for FREE this Summer!

Children who are eligible for Free School Meals (FSM) can attend the camps for FREE with a code from the school. Children who are not eligible for Free School Meals can also access the camps for £22 a day and also receive lunch. Please sign up via the QR Code.



WEEK ONE

Dates: Monday 29th July to Friday 2nd August
Times: 9am to 3pm
Venue 1: Sixfields Stadium, NN5 5QA
Venue 2: Ruskin Avenue, Wellingborough NN8 3EG

WEEK TWO

Dates: Monday 5th August to Friday 9th August
Times: 9am to 3pm
Venue 1: Sixfields Stadium, NN5 5QA
Venue 2: Kingswood Neighbourhood Centre, Alberta Close, Corby NN18 9HU



WEEK THREE

Dates: Monday 12th August to Friday 16th August
Times: 9am to 3pm
Venue 1: Sixfields Stadium, NN5 5QA
Venue 2: Kingswood Neighbourhood Centre, Alberta Close, Corby NN18 9HU

WEEK FOUR

Dates: Monday 19th August to Friday 23rd August
Times: 9am to 3pm
Venue 1: Sixfields Stadium, NN5 5QA
Venue 2: Ruskin Avenue, Wellingborough NN8 3EG

SIGN UP NOW



SUMMER 2024

KELLOGGS FOOTBALL CAMPS

Delivered By Northampton Town CT

Course Venue	Dates	Ages	Times	Cost
Abbeyfield School, Mereway, N'pton, NN4 8BT	Week 1: Tuesday 23rd - Friday 26th July	5-13	9:00am to 3:30pm	£22 per day
	Week 2: Monday 29th July - Friday 2nd Aug			
Abbeyfield School, Mereway, N'pton, NN4 8BT	Week 3: Monday 5th Aug - Friday 9th Aug	5-13	9:00am to 3:30pm	£22 per day
	Week 4: Monday 12th - Friday 16th Aug			
Abbeyfield School, Mereway, N'pton, NN4 8BT	Week 5: Monday 19th - Friday 23rd Aug	5-13	9:00am to 3:30pm	£22 per day

Limited Spaces Available, Book Your Place Today!

BOOK ONLINE:

www.ntfcccommunity.co.uk/bookings



NORTHAMPTON TOWN F.C. COMMUNITY

NORTHAMPTON TOWN I'M #PROUDTOBE

Telephone: 01604 683726
Email: community@ntfc.co.uk



SUMMER 2024

NFC GOALKEEPER HOLIDAY COURSES

Course Venue	Dates	Ages	Times	Cost
Abbeyfield School, Mereway, N'pton, NN4 8BT	Friday 26th July Only	7-14	9:00am to 3:30pm	£22 per day
Abbeyfield School, Mereway, N'pton, NN4 8BT	Monday 29th and Friday 2nd August	7-14	9:00am to 3:30pm	£22 per day
Abbeyfield School, Mereway, N'pton, NN4 8BT	Monday 5th and Friday 9th August	7-14	9:00am to 3:30pm	£22 per day
Abbeyfield School, Mereway, N'pton, NN4 8BT	Monday 12th and Friday 16th August	7-14	9:00am to 3:30pm	£22 per day
Abbeyfield School, Mereway, N'pton, NN4 8BT	Monday 19th and Friday 23rd August	7-14	9:00am to 3:30pm	£22 per day

Limited Spaces Available, Book Your Place Today!

BOOK ONLINE:

www.ntfcccommunity.co.uk/bookings



NORTHAMPTON TOWN I'M #PROUDTOBE

Telephone: 01604 683726
Email: community@ntfc.co.uk

BERZERK | DANES | DUSTON | LINGS | MOUNTS | CRIPPS

TRIOLOGY ACTIVE TRILOGY SUMMER HOLIDAY ACTIVITIES 24 July - 30 August

SPORTS SESSIONS Sessions across our centres for 5-13 year olds
• Gymnastics • Basketball • Skating • Fun Fitness
£6.25 per session or FREE to Junior Active members. Booking available online 8 days in advance

SWIM CAMPS Improve confidence and skills in the water with Trilogy Swim Camps across our centres.
• Beginners • Stage 1 Boost • Fundamentals • Stage 3 Boost
• Frontcrawl Skills • Breaststroke Skills • Backstroke Skills • Butterfly Skills
Courses are free to Junior Active members. Booking available by calling 01604 838333 or in person at one of our centres 8 days in advance

Junior Active Membership only £29.50 per month - See what's included

DON'T FORGET BERZERK IS OPEN 9-5.30PM EVERY DAY THROUGHOUT THE HOLIDAYS. BARNEY CAN'T WAIT TO SEE YOU!

KIDS SCREEN FILMS AT THE FORUM CINEMA
Inside Out 2 (U) Harold and the Purple Crayon (PG)
Despicable Me 4 (U) Ozi: The Voice of the Forest (PG)
Noah's Ark (U) Kensuke's Kingdom (PG)
Kids Screens are FREE to Junior Active members and £5.99 for all non-members

TRIOLOGY HOLIDAY PLAYScheme
Our OFSTED registered playschemes at Duston Sports Centre and Lings Forum Leisure Centre provide childcare for 5-13 year olds (5 year olds must have started Year 1 at school) throughout the Summer Holidays.
• Featuring a varied programme of activities guaranteed to keep your children busy all day.
• Available 8.30am-5.30pm.
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